



## What to Expect Before & After a Procedure

### Preparing for Your Procedure

Proper preparation is crucial for a successful procedure. Please review the information below carefully. If you have any questions or concerns, do not hesitate to contact us at (480) 641-5400 or send a secure message through our patient portal. We are here to support you every step of the way.

### Recovering from Your Procedure

Before your procedure, we will provide detailed recovery guidelines to help you heal smoothly. If you encounter any difficulties during your recovery, please contact us immediately at (480) 641-5400. Your well-being is our top priority, and we are here to assist you.

### Warning Signs to Call Our Office

If you experience any of the following symptoms, please call our office right away:

- Bleeding
- Swelling
- Changes in leg color
- Leg becomes cold or numb
- Puncture site is red, hot, or tender
- Running a fever

### Tips for a Smooth Recovery

To ensure a smooth recovery, consider the following tips:

- **Follow Instructions:** Adhere to all post-procedure guidelines provided by your healthcare team.
- **Rest:** Allow yourself ample time to rest and avoid strenuous activities.
- **Hydrate:** Drink plenty of fluids to stay hydrated and support healing.
- **Monitor Symptoms:** Keep an eye on your symptoms and report any concerns promptly.

Remember, we are here to help you through every stage of your procedure and recovery. Your health and comfort are our top priorities.